



What does the LORD require of you but to act justly, to love tenderly, and to walk humbly with your God. MICAH 6.8

NO MASSES—DUE TO COVID LOCKDOWN until further notice. Please stay up to date with Government advice.

A CALL TO PRAYER FOR ALL AT THIS TIME.

PARISH INFO:

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Fr. Michael G. Gathuku
Parish Administrator

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Christine Rannaste
Parish Co-ordinator.

Michele Norbury
Parish Secretary

John Cowen
Parish Pastoral Council
Chairperson.

Jim Prendergast
Parish Finance
Chairperson

Donna McFadzean
Our Lady of the Way
Principal 4777 7200

Tania Cairns
Penola Catholic College
Principal 4728 8100

Parish Account details: For online banking only!!!!
EMU PLAINS CATHOLIC CHURCH.
BSB 067 950
A/c No. 00000289.

ENVELOPES: You may drop your Planned Giving envelope to the Parish office on Tuesdays between 10am and 12 Midday.

Please pray Recently Deceased Margaret Murray & Lileth Jordan and for all those who are sick in our community.

Grace Perry, Karen Gulliksen, Harry Beasley, Maddison Farrugia, Leone Kirton Vicki Wells, Mark Simmonds, Max Scott, Anita Glynn, Libby Lawson, Paul Dalton, Shirley Coburn, Michelle Gardam, Jacqui Walker, Mary Berkout, Patricia Knoke, Brian Payne, Mervin McCaster, Marie Mahoney, Jeffrey Ridley, Michael Mercieca, Carmen Smith, Beryl Page, Frances Payne, Gregory Clare, Judy Chesters, Emma Woods, Brian O'Hara, Bruce Gillett, Ray Dukes, Barbara Grant, Mavis Thompson, Laurie Doohan, Nathalie Dhyon, Mike Sayer, Terry Simpkin, Nicole Unsal, Debra Gleeson, Paul Ziberras, Ken Ridley, Joseph Stipich, Joyce Dukes, Tyler Kennedy, Catalina Labra—Knox, Teresa & Larry Dunn, Graham and Christine Hall, Lorraine Lindsay, Maria Chircop, Nerida Fabri, Graeme Hardy, Lynette Hill, Frances Grove, Jennifer Stonehouse, Peter Graham, & Megan Hallam.

REST IN PEACE: It is with great sadness that we advise the death of Margaret Dawn Murray who passed away on Monday 26th July at 6.00am. Margaret was the mother of Michele Norbury our Parish secretary and her brother Anthony Murray is a parishioner. We offer our love and prayers to her husband Ron, children— Michele, Janine, Anthony and David and grand children and all their extended family and friends. May the Peace of God which surpasses understanding be with you at this time. Margaret's funeral will be in our church on Monday 2nd August at 11.00am. Sadly due to Covid restrictions only 10 people may attend her Funeral Mass.

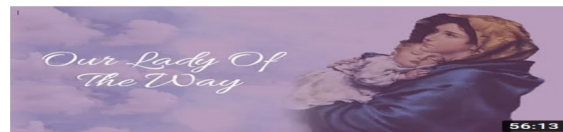
FOR YOUR INFORMATION: Dear Parishioners Fr Michael's recorded Mass for this weekend will be available Saturday evening 31st July through to Sunday 1st August.

Access through Youtube - **Option 1.** by copying the link below into your browser

Click on the following link: <https://youtu.be/gkGO0YSL9LI>

Option 2: Go to Youtube on your TV, Computer or mobile:

In the Youtube search bar enter the following: **Our Lady of The Way Emu Plains** Look for the following account picture:



Fr. Michael's Reflection continued.

It's only God who can satisfy this human hunger. St. Augustine said:

"O God, you have made us for yourself, and our hearts are restless until they rest in you" (Confessions, I, 1.). Let us live with this awareness that only God can satisfy our inner hunger and thirst.

May Mary our Mother - Our Lady of the Way—Pray for us.

18TH Sunday of the ordinary time Year B : Reflection by Fr. Michael

A man made life difficult for his wife and kids because of his drinking habits. He used to spend all his time and money on his drinks. He went for a spiritual retreat and came to believe in Christ and accepted Him as his savior and he gave up his bad habits.

A few months later, he was walking down the road and met one of his former -drinking mates. The mate asked him, " Man we don't see you any longer at our usual drinking joints? Why, you no longer like our company?" Oh, replied to the man, I have met Jesus and have come to believe in Him. "I have stopped drinking because my drinking habit was not useful to my family".

His companion laughed and ridiculed him, he said to him, "Oh! you believe in Jesus and all that crap- that He changed water into wine, he brought Lazarus to life and so forth and so forth", the ex-drunkard replied, I have not seen Jesus change water into wine, neither have I seen him bring back dead person to life, but this I have seen, that He has changed the beer and liquor in my life into bread and clothing for my wife and children, I have seen Him bring joy and happiness to my house.

Today's Gospel reading, is a continuation of last Sunday's Gospel:

In today's Gospel Jesus declares "I am the bread of life" He who comes to me will never be hungry; he who believes in me will never thirst". Have you ever been hungry for something, and you did not know what it was or thirst for something without identifying what it was? Let us put it this way, do you have everything that you consider important, a family, a job an income but you still feel something is missing?

There are two kinds of hunger, first there is physical hunger which only (bread) food can satisfy. There is also a spiritual hunger, which no food in the world can satisfy. When the scriptures speak of "bread" it recalls not only physical food but the experience of human hunger and contentment.

Physical bread essentially has three functions to life, namely it nourishes life, facilitate human activities as a source of energy and relishes life. Physical bread perpetuates life, human beings would not be alive if it were not for food. Life continues from generation to the next because of (bread) food that makes us live.

Besides physical food essential to our bodies, there is also spiritual food vital to our spiritual life. When Jesus says that He is the bread of life, He appropriates to Himself the three functions of bread, physical bread but also in spiritual sense. As bread nourishes life, so does Jesus, as bread relishes life, so does Jesus, as bread perpetuates life, so does Jesus. As human beings, we hunger for many things besides food and material possessions. We hunger to be recognized and be honoured, to love and be loved, to be listened to and to be appreciated, to help and be helped, to console and be consoled, to encourage people, and to receive gratitude. These are our needs during these days we are in the lockdown, we hunger to be reached and to reach out to others.

Today's readings challenge us to trust in the providence of a loving caring God in the name of Jesus the bread of life who not only satisfy our physical hunger and thirst but our spiritual hunger. God's providence satisfies our hunger and thirst for bread of eternal life- the Holy Eucharist.