

## PARISH INFORMATION

### OFFICE OPENING TIMES:

TUESDAY TO FRIDAY 9.30AM TO 3.00PM

Phone: 4735 1041(Answering Machine Available)

Email: [emuplains@parracatholic.org](mailto:emuplains@parracatholic.org)

Fr. Michael G. Gathuku: Parish Priest

George Bryan: Deacon

Michele Norbury: Parish Office Administrator

Cate Kensey: Sacramental Co-ordinator

John Cowen: Parish Pastoral Council, Chairperson

Jim Prendergast: Parish Finance, Chairperson

Donna McFadzean: Our Lady of the Way Principal  
Ph: 4777 7200

Jim Fanning: Penola Catholic College Principal  
Ph: 4728 8100

### MASS TIMES:

#### WEEKEND MASSES

Saturday 6:00 pm  
Sunday 8:00 am & 9:30 am

#### WEEKDAY MASSES

Tuesday 6.00 pm  
Wednesday, Thursday and Friday 9.00am

#### Adoration of the Blessed

Sacrament after the  
Thursday 9.00am Mass till 10.00am.

Anointing of Sick on the First  
Friday of each month at the 9.00am Mass.

### RECONCILIATION:

Saturday 5 pm - 5:45 pm

### SACRAMENTS:

Baptisms: By appointment

Weddings: By appointment

Reconciliation

First Holy Communion

Confirmation

Please contact Parish Office  
[emuplains@parracatholic.org](mailto:emuplains@parracatholic.org)

R.C.I.A: The process for adults interested in becoming  
Catholic. Contact the Parish Office: 4735 1041



What does the LORD require of you  
but to act justly, to love tenderly, and  
to walk humbly with your God.

MICAH 6:8



## OUR LADY OF THE WAY PARISH, EMU PLAINS

Sunday 6th March 2022

1st Sunday of Lent Year C

### Entrance Antiphon

Ps 90:15-16

When he calls on me, I will answer him;  
I will deliver him and give him glory,  
I will grant him length of days.

### First Reading

Deut 26:4-10

A reading from the first book of Deuteronomy

*The confession of faith of the elect.*

Moses said to the people: 'The priest shall  
take the panner from your hand and lay it  
before the altar of the Lord your God.  
Then, in the sight of the Lord your God,  
you must make this pronouncement:

"My father was a wandering Aramaean. He  
went down into Egypt to find refuge there,  
few in numbers; but there he became a nation,  
great, mighty, and strong. The Egyptians  
ill-treated us, they gave us no peace  
and inflicted harsh slavery on us. But we  
called on the Lord, the God of our fathers.  
The Lord heard our voice and saw our misery,  
our toil and our oppression; and the Lord  
brought us out of Egypt with mighty hand  
and outstretched arm, with great terror,  
and with signs and wonders. He brought us  
here and gave us this land, a land where  
milk and honey flow. Here then I bring the  
first-fruits of the produce of the soil that  
you, Lord, have given me." You must then  
lay them before the Lord your God, and  
bow down in the sight of the Lord your  
God.'

### Responsorial Psalm

Ps 90:1-2, 10-15., R v.15

(R.) **Be with me, Lord, when I am in trouble.**

1. He who dwells in the shelter of the Most High  
and abides in the shade of the Almighty  
says to the Lord: 'My refuge,  
my stronghold, my God in whom I trust!' (R.)
2. Upon you no evil shall fall,  
no plague approach where you dwell.  
For you has he commanded his angels,  
to keep you in all your ways. (R.)
3. They shall bear you upon their hands  
lest you strike your foot against a stone.  
On the lion and the viper you will tread  
and trample the young lion and the dragon.  
(R.)
4. His love he set on me, so I will rescue him;  
protect him for he knows my name.  
When he calls I shall answer: 'I am with you.'  
I will save him in distress and give him glory.

### Second Reading

Rom 10:8-13

A reading from the first letter of St Paul to the Romans

*The confession of faith of the believers in Christ.*

Scripture says: The word, that is the faith we  
proclaim, is very near to you, it is on your lips  
and in your heart. If your lips confess that Jesus  
is Lord and if you believe in your heart  
that God raised him from the dead, then you  
will be saved. By believing from the heart you  
are made righteous; by confessing with your  
lips you are saved. When scripture says:  
those who believe in him will have no cause  
for shame, it makes no distinction between  
Jew and Greek: all belong to the same Lord  
who is rich enough, however many ask for  
his help, for everyone who calls on the name  
of the Lord will be saved.

## Diocese of Parramatta Notices

**MET Lenten Scripture Evening: 8 March 2022** Join us in coming together in prayer and preparation for Lent with a Lenten Scripture Evening on Tuesday 8 March. Dr Laurie Woods will be speaking on 'The God of Second Chances (Forgiveness and Peace)' from 6.30pm to 8.30pm at the Bishop Bede Heather Centre, 1-5 Marion St, Blacktown. To RSVP: [met@parracatholic.org](mailto:met@parracatholic.org)

### Masterclass for Mentor Married Couples: 18 March 2022

The Diocese is looking to more deeply accompany couples preparing to be married. Have you been married for more than 5 years? Committed to living the sacrament of Marriage? Willing to give assistance to couples preparing for marriage? Join us for a Masterclass on Friday 18 March at 7.30pm at the Bede Heather Centre, Blacktown, on Mentoring engaged couples in your Parish using the SmartLoving Engaged Online program. To book your attendance or to ask further questions, please email [met@parracatholic.org](mailto:met@parracatholic.org) or phone Marisa 0412 280 017.

**PRAYER FOR PEACE AND JUSTICE IN UKRAINE**


God of peace and justice, who change the hardened heart and break the power of violence, we entrust the people of Ukraine to you.

Protect them in this time of peril; let them know not death but life, not slavery but freedom.

You are Father of all; we are brothers and sisters.

Give us the strength to live that truth in love, choosing peace not war.

Through Christ our Lord.  
Amen.





**LIFE ASCENDING GROUP**

Our Life Ascending meeting will be held in the Parish meeting room on Wednesday 16<sup>th</sup> March at 10.00am. Come along and join our discussions, support and friendship and gather strength spiritually. Please bring a small plate to share. Both men and women are most welcome.

*Bring a Friend*

**Charismatic Healing Mass**  
Followed by Healing ministry

Fr Hugh Thomas CSsR

Sunday 20 March 2022  
2:00 pm

Our Lady of the Rosary Church  
Swanston St, St Marys

For further information: Call Barbara 0404456541

## COVID UPDATE

No sign-in is needed for mass at present.  
Masks are highly encouraged as a sign of care for each other but are not mandatory.

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The English translation of the Psalm Responses, the Alleluia and Gospel Verses, and the Lenten Gospel Acclamations, and the Titles, Summaries, and Conclusion of the Readings, from the Lectionary for Mass © 1997, 1981, 1968, International Committee on English in the Liturgy, Inc. All rights reserved.

## Gospel Acclamation

Matt 4:4

Praise to you, Lord Jesus Christ,  
King of endless glory!  
No one lives on bread alone,  
but on every word that comes from  
the mouth of God.  
Praise to you, Lord Jesus Christ,  
King of endless glory!

## Gospel

Lk 4:1-13

A reading from the holy Gospel according to Luke:

*Filled with the Holy Spirit, Jesus was led by the Spirit through the wilderness where he was tempted.*

Filled with the Holy Spirit, Jesus left the Jordan and was led by the Spirit through the wilderness, being tempted there by the devil for forty days. During that time he ate nothing and at the end he was hungry. Then the devil said to him, 'If you are the Son of God, tell this stone to turn into a loaf.' But Jesus replied, 'Scripture says: Man does not live on bread alone.'

Then leading him to a height, the devil showed him in a moment of time all the kingdoms of the world and said to him, 'I will give you all this power and the glory of these kingdoms, for it has been committed to me and I give it to anyone I choose.'

Worship me, then, and it shall all be yours.' But Jesus answered him, 'Scripture says: You must worship the Lord your God, and serve him alone.'

Then he led him to Jerusalem and made him stand on the parapet of the Temple. 'If you are the Son of God', he said to him 'throw yourself down from here, for scripture says:

He will put his angels in charge of you to guard you,

and again:

They will hold you up on their hands in case you hurt your foot against a stone.'

But Jesus answered him, 'It has been said:

You must not put the Lord your God to the test.'

Having exhausted all these ways of tempting him, the devil left him, to return at the appointed time.

## Communion Antiphon

Matt 4:4

One does not live by bread alone, but by every word that comes forth from the mouth of God.

## STATIONS OF THE CROSS

Everyone is welcome for Stations of the Cross every Friday at 6.00pm during Lent .

**Parish Planned Giving Envelopes** are available for collection at the back of the church for this year. Thank you for your ongoing support of Our Lady of the Way Parish.

## PARISHIONER OF THE WEEK—Phyllis Goderie

Phyllis has been at OLOW for 21 years. She loves her family (3 children, 12 grandchildren, 7 great-grandchildren), enjoys reading and gardening. She loves OLOW parish, and says that the parishioners are "friendly and caring". Her favourite hymn is "Sweep over my soul" and her favourite scripture is Psalm 100. Her favourite colour is apple green, and her favourite foods are minestrone and Magnum almond ice-cream. Some interesting facts about Phyllis are: She worked as a typist before she got married. She rode on a camel in Israel at age 86 and an elephant a few years before that.



## OLOW open morning for kindergarten—Wednesday 9th March 9 –10:30am

All families interested in enrolling their children in Our Lady of the Way primary school for kindergarten 2023, come along, tour the school and visit our learning spaces at our open morning. Place your applications in as soon as possible to ensure your child's spot for 2023. Enrolment packs are available at the school office or from our website. To register email [olow@parra.catholic.edu.au](mailto:olow@parra.catholic.edu.au)

## Glenbrook Parish Lenten Ecumenical Gatherings

This Lent, three Glenbrook Christian Churches, including St Finbar's Catholic Parish, are sharing a bowl of soup in ecumenical friendship and to help those in need in the local community. **Gatherings will be held on Sunday 6 March at St Finbar's**, 20 March at Glenbrook Baptist Church and 3 April at St Andrew's Uniting Church and the cost is a donation to a local Blue Mountains charity. For more information, contact the St Finbar's parish office on (02) 4742 6958 or [glenbrook@parracatholic.org](mailto:glenbrook@parracatholic.org)

## OLOW Emu Plains Lenten Groups 2022

We are offering parishioners the opportunity to join a Lenten group, commencing the first week of Lent (March 6, 2022). We will be using the program from the Diocese of Brisbane: 'The Spirit and the Cross', which can be used as a daily reflection and for weekly discussion groups. Parishioners interested in joining a group can place their names on the sheet at the back of the church and indicate their preferred day and time. Alternatively, please contact Kay Walker, [kay@thewalkers.com.au](mailto:kay@thewalkers.com.au) or phone 0430 193 000

## ST VINNIES FLOOD APPEAL

St Vincent de Paul society is supporting those affected by floods in NSW. If you would like to donate to this cause please donate via internet (<https://donate.vinnies.org.au/appeals-nsw/vinnies-nsw-flood-appeal>), or call 13182 – option 1, or place money in an envelope marked FLOOD and place in the basket or poor box at the back of the church. Donations can also be made at any Vinnies



**Volunteer Carers for children aged 0 to 5 years for Mamre Crèche** located at Mamre House, 181 Mamre Road, Orchard Hills. This program is a service of CatholicCare, which supports Sudanese Refugee Families. We are looking for motivated, caring people who enjoy interacting with young children and can volunteer some of their time in supporting the staff at the Crèche. If interested, please contact Iolanda Martino, Crèche Co-ordinator, CatholicCare Social Services (02)8843 2506 or email [iolanda.martino@ccss.org.au](mailto:iolanda.martino@ccss.org.au)

**Wrap With Love Knitters** Meets Thursday's 9am-12 pm in the parish hall. Donations of 8ply wool gratefully accepted. New members welcome. Please contact: Judy Prendergast 0407 101 254, Julia Hayes 0452 665

## Caritas Project Compassion 2022 during Lent

Caritas Australia's Lenten **Project Compassion** campaign started last Sunday and will lead us all the way towards Easter. This year's theme **For All Future Generations** comes from the biblical story of the great flood (Genesis 9:12-15). It reminds us that the good we do today will extend and impact the lives of generations to come. Find out more at [caritas.org.au/project-compassion](http://caritas.org.au/project-compassion) or contact our Diocesan Director of Caritas on [Sebastian.Salaska-Lentern@parracatholic.org](mailto:Sebastian.Salaska-Lentern@parracatholic.org) or 0409 399 505.



As St Pope John Paul II said,  
"The future starts today, not tomorrow."

We pray for Alex Hadid, Andrew Keenan and Lyn Craddy who are sick, and all other brothers and sisters who are unwell. If you have someone who needs prayers, please contact the Parish Office on 4735 1041.

## PLAYGROUP:

Playgroup is on every Tuesday from 9.30am to 11.00am during school terms. No fees this term. Contact Kathryn 0428 837 626 or just turn up on the day!

## Parish Bank Details:

**For online banking only!**  
**EMU PLAINS CATHOLIC CHURCH.**  
BSB 067 950 Ac No. 00000289.