

# OUR LADY OF THE WAY PARISH, EMU PLAINS

*What does the Lord require of you but to act justly, to love tenderly, and to walk humbly with your God.” Micah 6:8*



19 Troy St, Emu Plains  
Phone: 4735 1041  
Email: [emuplains@parracatholic.org](mailto:emuplains@parracatholic.org)  
Web: <https://catholicparishemuplains.org.au/>

## **Sunday, 9th July 2023 Fourteenth Sunday in Ordinary Time, Year A.**

Welcome to the celebration of the Mass.

### **Entrance Antiphon** Cf. Ps 47:10-11

Your merciful love, O God,  
we have received in the midst of your temple.  
Your praise, O God, like your name,  
reaches the ends of the earth;  
your right hand is filled with saving justice.

### **First Reading** [Zec 9:9-10](#)

A reading from the prophet Zechariah

*See how humbly your king comes to you!*

The Lord says this:

‘Rejoice heart and soul, daughter of Zion! Shout with gladness, daughter of Jerusalem! See now, your king comes to you; he is victorious, he is triumphant, humble and riding on a donkey, on a colt, the foal of a donkey. He will banish chariots from Ephraim and horses from Jerusalem; the bow of war will be banished. He will proclaim peace for the nations. His empire shall stretch from sea to sea, from the River to the ends of the earth.’

### **Responsorial Psalm.**

[Ps 144:1-2. 8-11. 13-14. R. v.1](#)

**(R.) I will praise your name for ever,  
my king and my God.**

1. I will give you glory, O God my King,  
I will bless your name for ever.  
I will bless you day after day  
and praise your name for ever. **(R.)**

2. The Lord is kind and full of compassion,  
slow to anger, abounding in love.  
How good is the Lord to all,  
compassionate to all his creatures. **(R.)**
3. All your creatures shall thank you, O Lord,  
and your friends shall repeat their blessing.  
They shall speak of the glory of your reign  
and declare your might, O God. **(R.)**
4. The Lord is faithful in all his words  
and loving in all his deeds.  
The Lord supports all who fall  
and raises all who are bowed down. **(R.)**

### **Second Reading** [Rom 8:9.11-13](#)

A reading from the letter of St Paul  
to the Romans



*If by the Spirit you put an end to the misdeeds of the body, you will live.*

Your interests are not in the unspiritual, but in the spiritual, since the Spirit of God has made his home in you. In fact, unless you possessed the Spirit of Christ you would not belong to him, and if the Spirit of him who raised Jesus from the dead is living in you, then he who raised Jesus from the dead will give life to your own mortal bodies through his Spirit living in you. So then, my brothers, there is no necessity for us to obey our unspiritual selves or to live unspiritual lives. If you do live in that way, you are doomed to die; but if by the Spirit you put an end to the misdeeds of the body you will live.

## **Gospel Acclamation** [See Mt 11:25](#)

### **Alleluia, alleluia!**

Blessed are you, Father, Lord of heaven and earth; You have revealed to little ones the mysteries of the kingdom.

### **Alleluia!**

## **Gospel** [Mt 11:25-30](#)

A reading from the holy Gospel according to Matthew

*I am gentle and humble of heart.*

Jesus exclaimed, 'I bless you, Father, Lord of heaven and of earth, for hiding these things from the learned and the clever and revealing them to mere children. Yes, Father, for that is what it pleased you to do. Everything has been entrusted to me by my Father; and no one knows the Son except the Father, just as no one knows the Father except the Son and those to whom the Son chooses to reveal him.

'Come to me, all you who labour and are overburdened, and I will give you rest. Shoulder my yoke and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. Yes, my yoke is easy and my burden light.'

## **Communion Antiphon.** [Ps 33:9](#)

Taste and see that the Lord is good; blessed the man who seeks refuge in him.

© The scriptural quotations are taken from the Jerusalem Bible, published and copyright 1966, 1967 and 1968 by Darton Longman and Todd Ltd and Doubleday & Co Inc, and used by permission of the publishers. The English translation of the Psalm Responses, the Alleluia and Gospel Verses, and the Lenten Gospel Acclamations, and the Titles, Summaries, and Conclusion of the Readings, from the Lectionary for Mass © 1997, 1981, 1968, International Committee on English in the Liturgy, Inc. All rights reserved. The prayers are from the English Translation of the Roman Missal © 2010 International Committee on English in the Liturgy Inc. (ICEL). All rights reserved

## **Prayer to God the Father:**

*"Almighty God, my Eternal Father, from the fullness of my soul I adore You. I am deeply grateful that You have made me in Your image and likeness, and that You ever hold me in Your loving embrace. Direct me to love You with all my heart, with all my soul, and with my whole mind. Direct me to love all Your children as I love myself. O, my Father, my soul longs to be united to You, and to rest in You forever. Have the Holy Spirit touch my soul so that I may love You as He does, and as Your Beloved Son Jesus does. Amen."*

<https://www.catholic.org/prayers/prayer.php?p=1217>



<https://liturgyhelp.com/calendar/date/2023Jul09/0>

**Let us pray:** We pray for recently deceased, Shelley Sutcliffe, John Davison, Peter Bell and Monica Claire Woolley; and for Aaron Youngman, John Dent, Annette Axiak, and Helen McInnes, whose death anniversaries are at this time. We pray that their families find comfort in the fact



that they are safely in the arms of their loving Lord. We also pray for all our brothers and sisters in our community who are unwell, especially, Valerie Plummer, Shirley Harman, Dot Gray, June Sultana, Frank Sirotti, Mary Rose, Robert Hatch, Tammy Horan, Maria Mercieca, Marta Mederos, Lucy Mikosic, Margaret Houlahan, Henry O'Malley, Elisabeth Robens, Marion Betker, and Andrew Keenan.

If you know someone who needs prayers, please contact the parish office on 4735 1041 and we will add them to our prayer list.

## Parish Notices:

You are Invited **to contribute to the Synod being held in Parramatta Diocese!**  
**TOMORROW: Sunday 9<sup>th</sup> July in the Parish Hall after Mass, beginning with a cuppa ....**

You will be respected for who you are and warmly welcomed when you join one of the small groups of 5 parishioners in this morning gathering. **Come and experience** God alive through listening to the experiences of others and sharing what draws your attention from this listening. This will be a prayerful and reflective time. **Prompt start at 11am, finishes 12.40 pm. Arrive early. RSVP** By SMS to **Kay 0430 193 000 or Jim 0421 125 722 at any time with your name OR register on the table provided in the foyer of the Church before or after any Mass.**

**Baptisms:** The Parish joyfully welcomes Olivia and Madelyn Duffy into our Faith Community. May God bless these children and their family.

**Liturgical ministry:** If you are interested in joining one of our ministries - a Minister of the Word, Extraordinary Minister of Holy Communion, Communion to the Sick and Dying or Minister at the Altar. The Liturgical Ministry Formation Course is running again starting on 4th of September in Blacktown. Application forms are available from the Parish Office.

**Sea Sunday – Apostleship of the Sea: 9 July.** This weekend the church prays for all those who live and work at sea. There is an Appeal for Stella Maris, Apostleship of the Sea, the official maritime welfare agency of the Catholic Church. To donate or for more information, visit [www.stellamarisaustralia.org](http://www.stellamarisaustralia.org)

### Readers/ Commentators roster:

Dates:	6.00pm	8.00am	9.30am
8/9 July	<i>Stevenie Harman</i> Anne Deutscher JS: Alex Tuballa C: Trish Ryan R: Victor Tuballa	<i>John Cowen</i> Noeline Bangel JS: Evie Milroy C: Geraldine Waters R: Sue Mouthaan	<i>Deacon Batsirai</i> Lara Roser Denise Robens (Visit) JS: Matthew Hamilton C: Don Robens R: Brett Wright
15/16 July	<i>Stevenie Harman</i> Beth Nowland JS: N/A C: Debra Gleeson R: Bellinda Henderson	<i>Deacon Batsirai</i> Jessica Topp JS: Evie Milroy C: Gabe Manouk R: Helen Larsen	<i>Lara Roser</i> David Green Noeline Bagnel Heather Barlow (Visit only) JS: N/A C: Trish Boyle R: Matthew Hamilton



**Life Ascending Group:** Life Ascending is a Spiritual Wellbeing group for people over the age of 55. The group offers you the opportunity to reflect and discuss the scriptures and our faith. Our next meeting is on Wednesday 19<sup>th</sup> July, commencing 10am, at Kay Walker's home - 197 River Rd Leonay. All welcome.

### Urgently Required - Cleaners.

We need cleaners to help in the church. If you can spare a little time after Thursday morning mass once per fortnight, it will be very appreciated. The next day is Thursday 20<sup>th</sup> July 2023 9.30am. People who can handle a vacuum are particularly encouraged to come along!!! Many thanks.

**Playgroup Recommencing:** Playgroup will recommence on Tuesday 25<sup>th</sup> July at 10am in the Parish Hall. No fees are payable. Please contact the Parish Office for more information on 4735 1041.

**Wrap with love knitters group** meets on Thursdays from 9am -12pm in the parish hall. For more information, please contact Judy Prendergast (0407101254) or Julia Hayes (0452 665 844).

**The opportunity to make submissions to the Diocesan Synod ends on 31 July.** You are invited to consider asking members of your family, friends or others you know who may no longer be engaged with Church, to take part in a conversation using the following informal guidelines, which allows them to have a voice through making a submission. Go to <https://parracatholic.org/synod2023/> and click on Resources and **Family/ Friends.**

### MET Marriage Retrouvaille Program Information Session: 25 August

The Diocese of Parramatta aims to offer the Retrouvaille program for couples who are having difficulties in their marriage. We are looking for married couples who are committed to helping others heal their marriage relationships. You will be trained to facilitate this program. An information evening will be held on 25 August at 7.30pm at the Bishop Bede Heather Centre, Blacktown. Contact Karin on (02) 8838 3460 or register at [marriage@parracatholic.org](mailto:marriage@parracatholic.org)

### Parish Information

**Parish office open Tuesday to Friday from 9:00am to 3pm. (ph: 4735 1041)**

Parish priest: Fr Michael G. Gathuku  
Deacon: Batsirai Maringehosi  
Parish Office Administrator: Michele Norbury  
Sacramental Co-ordinator: Cate Kensey  
Parish Administration Assistant: Joanne Hamilton  
Our Lady of the Way principal:  
Phillip Kapitanow (ph: 4777 7200)  
Penola Catholic college principal:  
Jim Fanning (ph: 4728 8100)  
CathWest Innovation College principal:  
Paul Stenning (ph: 02 8886 9500)  
St Vincent de Paul Contact Centre:  
For assistance call 1800 606 724.

### **Weekend Mass times:**

Saturday 6 pm, Sunday 8am, 9:30am

### **Weekday Masses:**

Tuesday 6pm;  
Wednesday, Thursday, and Friday 9am.  
Adoration of Blessed Sacrament at 8.30am  
Thursday before Mass. Benediction last  
Thursday of the month.  
First Fridays of the month – healing Mass.

**Reconciliation:** Saturday 5pm.

**Sacraments:** baptisms and weddings by appointment. Please contact the parish office ([emuplains@parracatholic.org](mailto:emuplains@parracatholic.org)) for information on reconciliation, communion and confirmation.

### Diocese of Parramatta Notices:

**Save Calvary Hospital:** There is a petition to the Members of the ACT Legislative Assembly to reverse a decision of the ACT government to compulsorily acquire Calvary Hospital in Canberra. This removes the ownership and management from Calvary Health Care – a Catholic operator – and gives the ownership to the government-run, non-faith-based Canberra Health Services instead. To find out more about the implications of this decision and to sign the petition please visit: [www.savecalvary.com.au](http://www.savecalvary.com.au)

This month ***Aid to the Church in Need*** is raising money to build a parish house in Sierra Leone. The parishioners of the parish of Our Lady of Perpetual Succour have been trying to help their priest who is living in a house that is decaying due to heavy rainfall and salt-laden sea air but they themselves are poor and have little to give. ACN has promised to help but we need your help to make this possible. To learn more and to make an offering visit [www.aidtochurch.org/monthlyproject](http://www.aidtochurch.org/monthlyproject).

### **Positions Vacant:**

\* Assets and Leasing Manager, Diocese of Parramatta – **Applications close 10pm Wed, 19th July**  
\* Communications and Digital Manager, Diocese of Parramatta – **Applications close 10pm on Thursday 20 July.** More details at: [parracatholic.org/employment](http://parracatholic.org/employment)

**Get #Active4Vocations in the City2Surf: 13 August** Join the Parramatta Catholic Foundation #Active4Vocations team. Walk, stroll, jog, or run with our Holy Spirit seminarians, deacons, priests, and community. Scan this QR code or visit [tinyurl.com/Active4Vocations](http://tinyurl.com/Active4Vocations) to register or donate. Funds raised support our Diocese's seminarians to become priests.



**Volunteer for the House of Welcome:** Volunteers are needed by the House of Welcome to do odd jobs around properties which house refugees and people seeking asylum. If you are a handyman or woman with a few hours you can donate, contact Maricar at [m.tupaea@houseofwelcome.com.au](mailto:m.tupaea@houseofwelcome.com.au).

### Saints of the week:

July 10th – St. Alexander  
July 11th – St. Benedict  
July 12th – Ss. Louis and Azelie-Marie Martin  
July 13<sup>th</sup> – St. Henry  
July 14th – St Kateri Tekakwitha  
July 15th – St. Bonaventure, Bishop and Doctor

### Parish bank details:

If you would like to support our priest and church financially through **online banking:**  
Name: Emu Plains Catholic church  
BSB: 067 950  
Account Number: 00000289