

OUR LADY OF THE WAY PARISH, EMU PLAINS

*What does the Lord require of you
but to act justly, to love tenderly,
and to walk humbly with your
God.” Micah 6:8*



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Sunday, 11th Aug 2024. Nineteenth Sunday in Ordinary Time, Year B.

Welcome to the celebration of the Mass.

Entrance Antiphon Cf Psalm 73:20,19,22,23

Look to your covenant, O Lord,
and forget not the life of your poor ones for ever.
Arise, O God, and defend your cause,
and forget not the cries of those who seek you.

First Reading 1 Kings 19:4-8

A reading from the first book of Kings

*Strengthened by the food, he walked to the mountain of
the Lord.*

Elijah went into the wilderness, a day's journey, and sitting under a furze bush wished he were dead. 'Lord', he said 'I have had enough. Take my life: I am no better than my ancestors.' Then he lay down and went to sleep. But an angel touched him and said, 'Get up and eat.' He looked round, and there at his head was a scone baked on hot stones, and a jar of water. He ate and drank and then lay down again. But the angel of the Lord came back a second time and touched him and said, 'Get up and eat, or the journey will be too long for you.' So he got up and ate and drank, and strengthened by that food he walked for forty days and forty nights until he reached Horeb, the mountain of God.

Responsorial Psalm Ps 33:2-9. R. v.9

**(R.) Taste and see the goodness of
the Lord.**

1. I will bless the Lord at all times,
his praise always on my lips;
in the Lord my soul shall make its boast.
The humble shall hear and be glad. (R.)

2. Glorify the Lord with me.

Together let us praise his name.
I sought the Lord and he answered me;
from all my terrors he set me free. (R.)

3. Look towards him and be radiant;
let your faces not be abashed.

This poor man called; the Lord heard him
and rescued him from all his distress. (R.)

4. The angel of the Lord is encamped
around those who revere him, to rescue them.
Taste and see that the Lord is good.
He is happy who seeks refuge in him. (R.)

Second Reading Ephesians 4:30 – 5:2

A reading from the letter of St Paul to the Ephesians
Walk in love, just as Christ.

Do not grieve the Holy Spirit of God who has marked you with his seal for you to be set free when the day comes. Never have grudges against others, or lose your temper, or raise your voice to anybody, or call each other names, or allow any sort of spitefulness. Be friends with one another, and kind, forgiving each other as readily as God forgave you in Christ.

Try, then, to imitate God, as children of his that he loves, and follow Christ by loving as he loved you, giving himself up in our place as a fragrant offering and a sacrifice to God.

Gospel Acclamation John 6:51

Alleluia, alleluia!

I am the living bread from heaven, says
the Lord; whoever eats this bread will live
for ever.

Alleluia!

Gospel [John 6:41-51](#)

A reading from the gospel according to John.

I am the living bread come down from heaven.

The Jews were complaining to each other about Jesus, because he had said, 'I am the bread that came down from heaven.' 'Surely this is Jesus son of Joseph' they said. 'We know his father and mother. How can he now say, "I have come down from heaven"?' Jesus said in reply, 'Stop complaining to each other.

'No one can come to me unless he is drawn by the Father who sent me, and I will raise him up at the last day. It is written in the prophets: They will all be taught by God, and to hear the teaching of the Father, and learn from it, is to come to me. Not that anybody has seen the Father, except the one who comes from God: he has seen the Father. I tell you most solemnly, everybody who believes has eternal life. I am the bread of life. Your fathers ate the manna in the desert and they are dead; but this is the bread that comes down from heaven, so that a man may eat it and not die. I am the living bread which has come down from heaven. Anyone who eats this bread will live for ever; and the bread that I shall give is my flesh, for the life of the world.'

Communion Antiphon. [Psalm 147:12,14](#)

O Jerusalem, glorify the Lord,
who gives you your fill of finest wheat.

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Billings LIFE™
Leaders in Fertility Education

Natural Fertility Awareness Week

Trust your body's natural signals of fertility:
Forget about drugs and devices

You're invited to join our Free Webinar
19 August 2024 @ 7:30 PM AEST

An introduction to the Billings Ovulation Method® to naturally manage your fertility and monitor your reproductive health.



Let us pray: We pray for recently deceased Bishop Emeritus Kevin Manning and Malcolm Dunbar; and for Margaret White whose death anniversary occurs at this time. We pray that their families find comfort in the fact that they are safely in the arms of their loving Lord. We also pray for all our brothers and sisters in our community who are unwell, especially, Peter Brown, Kevin Lindsay, Peter McInnes, Joseph Lennon (Ireland), Trevor Ledger, Jeffrey Meads, Julie Laws, Cheryl Morgan, Nerida Fabri, Greg Pigott, Michelle Gardam, Bradley Gardam, Troy Rittila, Bob Scott, Trish Micallef, Deacon George Bryan, Kaye Bryan, Laurie Doohan, Desley Mulock, June Wilson, Kristina Majstorovic, Trish McGettigan, Pauline Balkin, Mary Goyed, Shirley Harman, Dot Gray, June Sultana, Stuart Cameron, Mary Rose, Maria Mercieca, Marta Mederos, Sr Patricia Holligan, Lucy Mikosic, Bernadette Hoolahan, Margaret Houlihan, Henry O'Malley, Elisabeth Robens, Marion Betker, and Andrew Keenan. If you know someone who needs prayers, please contact the parish office on 4735 1041 and we will add them to our prayer list.



Parish Notices:

Sacramental news

Please join me in praying for the children and their families who are preparing for the Sacrament of Confirmation. Thanks, and blessings, Cate.



Baptisms: We warmly welcome *Kai Cauchi* into our Faith Community. May God bless Kai and his family always.

Catholic Care Emergency Food Drive: Thank you for your continuing generosity. Catholic Care are delighted to receive your donations each month. Your donations of pantry food to help those in need are greatly appreciated. Please place goods such as canned fish, canned vegetables and pasta at rear of the church **next weekend 17/18 Aug. Thank you.**

Cuppa and a Chat: 1st Sat after 6pm Mass, 2nd & 4th Sunday after the 9.30am Mass and 3rd Sunday after the 8.00am Mass. **Please note that during winter there will be no cuppa after 6pm mass.**

Playgroup: Playgroup runs fortnightly at 10am Tuesday in the Parish Hall. **PLEASE NOTE: PLAYGROUP ON 13TH AUGUST HAS BEEN CANCELLED DUE TO A FUNERAL AT THIS TIME.** Next playgroup: **Tuesday 27th August.** All welcome! Please contact the Parish Office for more info on 4735 1041.

Wrap with love knitters group meets on Thursdays from 9am -12pm in the parish hall. For more information, please contact Judy Prendergast (0407101254) or Julia Hayes (0452 665 844)

Readers/ Commentators roster:

Dates:	6.00pm	8.00am	9.30am
10/11 August	Stevenie Harman Michael Manton JS: Felicity Tuballa & Josie Henderson C: Phillip Youngman R: Bellinda Henderson	Mark Norbury John Lo Cascio JS: Evie Milroy C: Gabe Manouk R: Paul Ryan	Deacon Batsirai John Cowen Denise Robens (Visit) JS: Nicholas Hamilton & Hugo Watson C: Trish Boyle R: Matthew Hamilton
17/18 August	Stevenie Harman Debra Gleeson JS: Alex Tuballa & Josie Henderson C: Trish Ryan R: Mary Balam	Deacon Batsirai Matthew Topp JS: Evie Milroy C: Maria Sirotti R: Kay Walker	Hartley Dhyon David Green Rebecca Carberry (Visit) JS: Matthew Hamilton & Hugo Watson C: Marianne Castor R: Denise Robens

Solemnity of the Assumption of Our Lady:

On the 15th of August we celebrate the Solemnity of the Assumption of the Blessed Virgin Mary. This is a Holy Day of obligation. Mass will be held at 9.15 am (OLOW School attending). Evening Mass may be attended at neighbouring parishes:
St Nicholas of Myra, Penrith: 7pm Vigil on 14th August; 7pm on 15th August
St Padre Pio, Glenmore Park: 7pm Vigil on 14th August; 7pm on 15th August
(Please note: No evening Mass at Our Lady of the Way, St Finbar's or St Thomas Aquinas).

FAMILY CONCERT: August 24 at 7pm in OLOW Parish Hall. ONLY 2 WEEKS TO GO! A Golden Jubilee event that promises to be lots of fun! Tickets, \$5 each or \$10 per family, can be purchased at the door. Food will also be on sale. Volunteers needed on the night to serve tea/coffee. If you are able to assist, or for any other enquiries, please call Debra Gleeson on 0418 259 757.

Catechists needed: We are currently in need of more Catechists to teach in our three local public schools. Classes run for 30 minutes per week on a Tuesday or Thursday. Training and support will be provided. For more information, please contact the Parish Office on 4735 1041, or Mary Marsh on 0408 212 437.

Liturgical ministry: If you are considering being involved in a liturgical ministry (Minister of the Word, Extraordinary Minister of Communion, Communion to the Sick and Dying, or Minister at the Altar), the Office for Worship will be running the Liturgical Ministry Formation Course, commencing on Sept 9, Bede Heather Centre, Blacktown. For more information, please contact the Parish Office on 4735 1041.

Thank you from Aid to the Church in Need: ACN wish to thank the Parish for its warm welcome at recent weekend Masses. ACN would also like to thank those who signed up to receive their newsletter, and to those who purchased items or made a donation. More information about ACN can be found at www.aidtochurch.org.

Morning Mass at St Finbar's, Glenbrook: For those who attend Tuesday morning Mass at St Finbar's, please be aware of the following changes-

- No 9.15 morning Mass on August 12, 19 and 26, and September 3 and 10 as Fr Joseph will be on annual leave.
- Tuesday morning Mass will resume on September 17.

Parish Information

Parish office open Tuesday to Friday from 9:00am to 3pm. (ph: 4735 1041)

Parish priest: Fr Michael G. Gathuku
Deacon: Batsirai Maringehosi
Parish Office Administrator: Joanne Hamilton
Sacramental Co-ordinator: Cate Kensey

Our Lady of the Way principal:

Phillip Kapitanow (ph: 4777 7200)

Penola Catholic college principal:

Peta Sparkes (ph: 4728 8100)

CathWest Innovation College principal:

Paul Stenning (ph: 02 8886 9500)

St Vincent de Paul Contact Centre:

For assistance call 1800 606 724.

Weekend Mass times:

Saturday 6 pm, Sunday 8am, 9:30am
Filipino Mass, 3rd Sunday of the month: 1pm

Weekday Masses:

Tuesday 6pm;
Wednesday, Thursday, and Friday 9am.

Adoration of Blessed Sacrament at 8.30am
Thursday before Mass. Benediction last
Thursday of the month.

First Fridays of the month – healing Mass.

Reconciliation: Saturday 5pm.

Sacraments: baptisms and weddings by
appointment. Please contact the parish office
(emuplains@parracatholic.org) for information
on reconciliation, communion and confirmation.

Diocese of Parramatta Notices:

Job vacancy: The Catholic charity, *Aid to the Church in Need*, is seeking applications for a full time, Benefactor Support Coordinator. The role is based at the national office in Penrith. Experience in customer service and/or the processing of donations is ideal. For information visit, www.aidtochurch.org/jobs. Applications close 23 August.

ACBC 2024-2025 Social Justice Statement Launch: 20 August All are warmly invited to attend the official launch of the Australian Catholic Bishops Conference's 2024-2025 Social Justice Statement, 'Truth & Peace: A Gospel Word in a Violent World' on Tuesday 20 August from 10am to 12pm in St Paul's Catholic College Sports Hall, Greystanes, adjoining Our Lady Queen of Peace Parish, Greystanes. Please RSVP your attendance via this link: <https://forms.office.com/r/1Wd96tbps0>

Adult Confirmation 2024 Formation Day: 24 August The Office for Worship will host a Catechesis and Formation Day for those candidates (16+) interested in receiving the Sacrament of Confirmation this year. This will be on Saturday 24 August from 9.30am – 2.00pm at the Bishop Bede Heather Centre, Blacktown. A light lunch will be provided on the day. It is recommended that all sponsors attend the catechesis day. A contribution of \$25 is suggested from the candidates to assist in covering the Catechesis Day. For more information please contact Lucy Woodbury on lucy.woodbury@parracatholic.org or 0460 037 795.

Glenbrook Parish Universal Sisterhood Women's Retreat: 17 August

Universal Sisterhood is hosting a women's retreat on Saturday 17 August from 8.45am to 5.15pm at St Finbar's Parish, Glenbrook. This retreat is open to all women 18+ who want to develop a deeper understanding of their faith and are searching for an authentic relationship with the Lord and with other like minded women. Registration is \$100. All enquiries, call 0403 962 181. To register, please visit: <https://www.trybooking.com/events/landing/1171377>.

Saints of the week:

Aug 12th – St Jane Frances de Chantal
Aug 13th – Ss. Pontian and Hippolytus, martyrs
Aug 14th – St. Maximilian Kolbe
Aug 15th – The Assumption of the Blessed Virgin Mary
Aug 16th – St Stephen of Hungary
Aug 17th – Our Lady of Knock

Parish bank details:

If you would like to support our priest and church financially through **online banking:**
Name: Emu Plains Catholic church
BSB: 067 950
Account Number: 00000289