

OUR LADY OF THE WAY PARISH, EMU PLAINS

*What does the Lord require of you
but to act justly, to love tenderly,
and to walk humbly with your
God.” Micah 6:8*



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Sunday, 4th Aug 2024. Eighteenth Sunday in Ordinary Time, Year B.

Welcome to the celebration of the Mass.

Entrance Antiphon [Psalm 69:2,6](#)

O God, come to my assistance;
O Lord, make haste to help me!
You are my rescuer, my help;
O Lord, do not delay.

First Reading [Exodus 16:2-4, 12-15](#)

A reading from the book of Exodus

I will rain bread from heaven upon you.

The whole community of the sons of Israel began to complain against Moses and Aaron in the wilderness and said to them, ‘Why did we not die at the Lord’s hand in the land of Egypt, when we were able to sit down to pans of meat and could eat bread to our hearts content! As it is, you have brought us to this wilderness to starve this whole company to death!’

Then the Lord said to Moses, ‘Now I will rain down bread for you from the heavens. Each day the people are to go out and gather the day’s portion; I propose to test them this way to see whether they will follow my law or not.’

‘I have heard the complaints of the sons of Israel. Say this to them, “Between the two evenings you shall eat meat, and in the morning you shall have bread to your hearts content. Then you will learn that I, the Lord, am your God.”’ And so it came about: quails flew up in the evening, and they covered the camp; in

the morning there was a coating of dew all round the camp. When the coating of dew lifted, there on the surface of the desert was a thing delicate, powdery, as fine as hoarfrost on the ground. When they saw this, the sons of Israel said to one another, ‘What is that?’ not knowing what it was. ‘That’ said Moses to them ‘is the bread the Lord gives you to eat.’

Responsorial Psalm

[Ps 77:3-4, 23-25, 54. R. v.24](#)

(R.) The Lord gave them bread from heaven.

1. The things we have heard and understood, the things our fathers have told us, we will tell to the next generation: the glories of the Lord and his might. **(R.)**
2. He commanded the clouds above and opened the gates of heaven. He rained down manna for their food, and gave them bread from heaven. **(R.)**
3. Mere men ate the bread of angels. He sent them abundance of food. He brought them to his holy land, to the mountain which his right hand had won. **(R.)**

Second Reading [Ephesians 4:17, 20-24](#)

A reading from the letter of St Paul to the Ephesians

Put on the new person that has been created in God’s image.

I want to urge you in the name of the Lord, not to go on living the aimless kind of life that pagans live. Now that is hardly the way you have learnt from Christ, unless you failed to hear him properly when you

were taught what the truth is in Jesus. You must give up your old way of life; you must put aside your old self, which gets corrupted by following illusory desires. Your mind must be renewed by a spiritual revolution so that you can put on the new self that has been created in God's way, in the goodness and holiness of the truth.

Gospel Acclamation [Matthew 4:4](#)

Alleluia, alleluia!

No one lives on bread alone, but on every word that comes from the mouth of God.

Alleluia!

Gospel [John 6:24-35](#)

A reading from the holy Gospel according to John

Whoever comes to me will never be hungry; whoever believes in me will never thirst.

When the people saw that neither Jesus nor his disciples were there, they got into boats and crossed to Capernaum to look for Jesus. When they found him on the other side, they said to him, 'Rabbi, when did you come here?' Jesus answered: 'I tell you most solemnly, you are not looking for me because you have seen the signs but because you had all the bread you wanted to eat. Do not work for food that cannot last, but work for food that endures to eternal life, the kind of food the Son of Man is

offering you, for on him the Father, God himself, has set his seal.'

Then they said to him, 'What must we do if we are to do the works that God wants?' Jesus gave them this answer, 'This is working for God: you must believe in the one he has sent.' So they said, 'What sign will you give to show us that we should believe in you? What work will you do? Our fathers had manna to eat in the desert; as scripture says: He gave them bread from heaven to eat.'

Jesus answered:

'I tell you most solemnly, it was not Moses who gave you bread from heaven, it is my Father who gives you the bread from heaven, the true bread; for the bread of God is that which comes down from heaven and gives life to the world.'

'Sir,' they said 'give us that bread always.' Jesus answered:

'I am the bread of life. He who comes to me will never be hungry; he who believes in me will never thirst.'

Communion Antiphon. [Wisdom 16:20](#)

You have given us, O Lord, bread from heaven, endowed with all delights and sweetness in every taste.

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Let us pray: We pray for recently deceased Malcolm Dunbar; and for Aaron Youngman whose death anniversary is at this time. We pray that their families find comfort in the fact that they are safely in the arms of their loving Lord. We also pray for all our brothers and sisters in our community who are unwell, especially, Peter Brown, Kevin Lindsay, Peter McInnes, Joseph Lennon (Ireland), Trevor Ledger, Jeffrey Meads, Julie Laws, Cheryl Morgan, Nerida Fabri, Greg Pigott, Michelle Gardam, Bradley Gardam, Troy Rittila, Bob Scott, Trish Micallef, Deacon George Bryan, Kaye Bryan, Laurie Doohan, Desley Mulock, June Wilson, Kristina Majstorovic, Trish McGettigan, Pauline Balkin, Mary Goyed, Shirley Harman, Dot Gray, June Sultana, Stuart Cameron, Mary Rose, Maria Mercieca, Marta Mederos, Sr Patricia Holligan, Lucy Mikosic, Bernadette Hoolahan, Margaret Houlihan, Henry O'Malley, Elisabeth Robens, Marion Betker, and Andrew Keenan. If you know someone who needs prayers, please contact the parish office on 4735 1041 and we will add them to our prayer list.



Parish Notices:

Sacramental news:

Confirmation Program – The Program for the Sacrament of Confirmation will begin on Wednesday 7th August for children who are in year 6 or above and have received their other sacraments. The dates for the program can be found on the notice board in the church foyer. For more information or to enrol your child, please contact the parish office on 47351041.

Communion for the Sick If you, a family member or anyone you know is sick or is no longer able to attend Mass and would like communion in the home, please call the office on 4735 1041. We will arrange for one of our ministers of Communion to make a home visit after Mass on Sunday.

Caring for our common home: A collection box for your **clean dry & empty dental hygiene items** and **used blister packs** will be outside the main doors of the church at all Masses **this weekend**.

Cuppa and a Chat: 1st Sat after 6pm Mass, 2nd & 4th Sunday after the 9.30am Mass and 3rd Sunday after the 8.00am Mass. **Please note that during winter there will be no cuppa after 6pm mass.**

Playgroup: Playgroup runs fortnightly at 10am Tuesday in the Parish Hall. **Next playgroup: Tuesday 13th August.** All welcome! Please contact the Parish Office for more info on 4735 1041.

Wrap with love knitters group meets on Thursdays from 9am -12pm in the parish hall. For more information, please contact Judy Prendergast (0407101254) or Julia Hayes (0452 665 844)

Readers/ Commentators roster:

Dates:	6.00pm	8.00am	9.30am
3 /4 August	Deacon Batsirai Stevenie Harman JS: Alex Tuballa & Josie Henderson C: Louise Goderie R: Victor Tuballa	Matthew Topp Barbara Ryan JS: Evie Milroy C: Paul Ryan R: Sue Mouthaan	Hartley Dhyon Connie Reid Rebecca Carberry (Visit) JS: Matthew Hamilton & Nicholas Hamilton C: Don Robens R: Brett Wright
10/11 August	Stevenie Harman Michael Manton JS: Felicity Tuballa & Josie Henderson C: Phillip Youngman R: Bellinda Henderson	Mark Norbury John Lo Cascio JS: Evie Milroy C: Gabe Manouk R: Paul Ryan	Deacon Batsirai John Cowen Denise Robens (Visit) JS: Nicholas Hamilton & Hugo Watson C: Trish Boyle R: Matthew Hamilton

FAMILY CONCERT August 24 at 7pm in OLOW Parish Hall. ONLY 3 WEEKS TO GO!

A Golden Jubilee event that promises to be lots of fun! Tickets \$5 each or \$10 per family. Delicious food will also be available to purchase. To enquire, please call Debra Gleeson – ph.0418 259 757.

Scripture News: We are currently in need of more Catechists to teach in our three local public schools. For many years, we have had a wonderful group of ladies and men teaching. However, it has come that time, for one reason or another, we are now short. Please if you are able to help, **WE NEED YOU!** Classes run for 30 minutes per week on a Tuesday or Thursday. Training and support will be provided. For more information, please contact the Parish Office on 4735 1041. Alternatively, please speak with coordinator Mary Marsh after the 8am Mass, or call 0408 212 437.

Liturgical ministry: Are you interested in joining one of our liturgical ministries? Are you being called to share your gifts with others? If so, we invite you to consider being a Minister of the Word, Extraordinary Minister of Communion, Communion to the Sick and Dying, or Minister at the Altar. The Office for Worship will be running the Liturgical Ministry Formation Course, commencing on September 9, at the Bede Heather Centre, Blacktown. Sessions will run on Mondays at 7:00pm. For more information, or to pick up an application form, please contact the Parish Office on 4735 1041.

Morning Mass at St Finbar's, Glenbrook: For those who attend Tuesday morning Mass at St Finbar's, please be aware of the following changes-

- No 9.15am morning Mass on Tuesday 6 August due to a funeral.
- No 9.15 morning Mass on August 12, 19 and 26, and September 3 and 10 as Fr Joseph will be on annual leave.
- Tuesday morning Mass will resume on September 17.

Maintenance: The internal and external main entry doors have recently undergone maintenance. Please open and close these doors with care, and we kindly ask that you do not allow the doors to swing.

Parish Information

Parish office open Tuesday to Friday from 9:00am to 3pm. (ph: 4735 1041)

Parish priest: Fr Michael G. Gathuku
Deacon: Batsirai Maringehosi
Parish Office Administrator: Joanne Hamilton
Sacramental Co-ordinator: Cate Kensey

Our Lady of the Way principal:
Phillip Kapitanow (ph: 4777 7200)

Penola Catholic college principal:
Peta Sparkes (ph: 4728 8100)

CathWest Innovation College principal:
Paul Stenning (ph: 02 8886 9500)

St Vincent de Paul Contact Centre:
For assistance call 1800 606 724.

Weekend Mass times:

Saturday 6 pm, Sunday 8am, 9:30am
Filipino Mass, 3rd Sunday of the month: 1pm

Weekday Masses:

Tuesday 6pm;
Wednesday, Thursday, and Friday 9am.

Adoration of Blessed Sacrament at 8.30am
Thursday before Mass. Benediction last
Thursday of the month.

First Fridays of the month – healing Mass.

Reconciliation: Saturday 5pm.

Sacraments: baptisms and weddings by
appointment. Please contact the parish office
(emuplains@parracatholic.org) for information
on reconciliation, communion and confirmation.

Diocese of Parramatta Notices:

Vale Bishop Kevin Manning: On Friday 2 August, the Diocese of Parramatta bid a fond farewell to Bishop Emeritus Kevin Manning, the second Bishop of Parramatta. Visit catholicoutlook.org for stories, images and video from Bishop Manning's funeral. We continue to pray for the repose of his soul and give thanks to God for his earthly life.

Launch of the Diocesan Pastoral Plan for a Synodal Church: The Diocese of Parramatta is excited to announce that the launch and release of the Diocesan Pastoral Plan for a Synodal Church is only one week away, on Saturday 10 August. The pastoral plan represents the culmination of our Synod journey, where we have come together to listen, discern, and envision a path forward for our diocese over the past 15 months. For more information, visit parracatholic.org/synodality.

Winbourne Being Peaceful Change Reflection Day: 17 August

The Winbourne Edmund Rice Retreat Centre, Mulgoa, is holding a reflection day on 'Being Peaceful Change' on Saturday 17 August from 9.30am to 12.30pm. "Before you speak of peace, you must first have it in your heart" (St Francis of Assisi). How might we achieve this unity and carry it forward? Cost is \$15 per person. For more information or to book, contact (02) 4773 5555 or email info@winbourne.org

Glenbrook Parish Universal Sisterhood Women's Retreat: 17 August

Universal Sisterhood is hosting a women's retreat on Saturday 17 August from 8.45am to 5.15pm at St Finbar's Parish, Glenbrook. This retreat is open to all women 18+ who want to develop a deeper understanding of their faith and are searching for an authentic relationship with the Lord and with other like minded women. Registration is \$100. All enquiries, call 0403 962 181. To register, please visit: <https://www.trybooking.com/events/landing/1171377>.

Saints of the week:

Aug 5th – Our Lady of the Snows
Aug 6th – The Transfiguration of the Lord
Aug 7th – St. Sixtus II, Pope & companions, martyrs
Aug 8th – St. Mary of the Cross (Mackillop)
Aug 9th – St Teresa Benedicta of the Cross (Edith Stein), martyr
Aug 10th – St. Lawrence, martyr

Parish bank details:

If you would like to support our priest and church financially through **online banking:**
Name: Emu Plains Catholic church
BSB: 067 950
Account Number: 00000289